33RD ANNUAL CONFERENCE

of the

MISSOURI COORDINATED SCHOOL HEALTH COALITION

FEBRUARY 25-27, 2026

The Lodge of Four Seasons
315 Four Seasons Drive
Lake Ozark, Missouri

Roots of Resilience: Growing Healthier Schools and Communities

ATTENDEE REGISTRATION

Missouri Coordinated School Health Coalition (MCSHC) would like to welcome you to the 33rd Annual Conference, where we anticipate over 200 participants, ranging in backgrounds from health teachers, school nurses, wellness coordinators, food service staff and public health partners to counselors, social workers, physical educators and school administrators. Join MCSHC and showcase your organization all while networking with the people working tirelessly behind the scenes to make Missouri schools healthier!

Wednesday, February 25, 2026

8:30 AM — **Registration Opens**

PRE-CONFERENCE SESSIONS

9:00-12 NOON — **Caring for Asthma in Schools**

Asthma is the most common chronic health condition affecting children of all ages. It is critical for school staff responsible for providing health care for students to not only understand the seriousness of asthma for some students but also understand how students can be more successful if they understand how to control their asthma. Inhaler technique is an important part of asthma care and can make a difference in providing care for the student with asthma. Understand the role of school staff when a student presents having trouble with their asthma. Resources for helping parents with access to care and medication will be discussed along with updated best practices for treatment of asthma.

Deb Cook, RN, AE-C, Retired School Nurse, Kennett Public Schools; Angie Anderson, BSN, RN, NCSN, TherapyLog; Stacey Whitney, MSN, RN, NCSN, TherapyLog

9:00-12 NOON — **Collaborative Solutions for Strengthening SBMH: Exploring the MO Framework for SBMH**

There has never been a greater need for systems-level collaboration in SBMH to support local schools and communities. As the work of SBMH continues to become more interdisciplinary, the presentation will focus on various SBMH professionals, SBMH initiatives, and will highlight the critical need to align efforts.

Lisa Dierking, Coordinator, School-Based Mental Health, Missouri Department of Elementary and Secondary Education (DESE); Katie Epema, MEd, BSW, Director, School-Based Mental Health, Missouri Department of Elementary and Secondary Education (DESE)

1:00-4:00 PM — **Let's Make Sure They Can See and Hear**

Vision and hearing are critical for children to learn. It is important for school staff to understand the impact of school vision and hearing screening programs. Understanding best practices is essential for school screening programs. This session will allow participants to understand the importance of school vision and hearing screening programs including the screening protocols and state guidelines related to screening programs. Demonstrations of vision and hearing screening will be provided along with time for actual hands on by the participants.

Deb Cook, RN, AE-C, Retired School Nurse, Kennett Public Schools; Angie Anderson, BSN, RN, NCSN, TherapyLog; Stacey Whitney, MSN, RN, NCSN, TherapyLog

1:00-4:00 PM — **High Quality Facilitation: Staff Practices for Program Success**

Being intentional matters! High Quality Facilitation enhances participant engagement, learning, and program success. Join us to explore proactive and strength-based strategies for designing implementation, setting routines with youth, and using the experiential learning cycle to reinforce understanding of lessons and ideas. Participants will identify intentional staff practices for use with any programming or curricula and consider how to incorporate these techniques into their work.

Annie Philipps, Director of Teen Outreach Program, Wyman Center

4:00-5:30 PM — **Exhibitor Set-Up**

5:30-6:00 PM — **MCSHC Membership Meeting**

6:00-7:30 PM — **Reception with Exhibitors**

Nacho Bar will be provided along with a cash bar.

Thursday, February 26, 2026

7:30 AM — **Registration Opens**

7:30-8:30 PM — **Breakfast**

8:30-9:45 am — **WELCOME**

Ben Pringer, Past Chairman, Missouri Coordinated School Health Coalition (MCSHC)

CONFERENCE KICK-OFF

Kelli Jones, Deputy Commissioner of Learning Services, Missouri Department of Elementary and Secondary Education (DESE)

GENERAL SESSION

Empower Your Village

"I keep hearing it takes a village to raise a child....so, do they just show up? ... Or, is there like a number to call?" Spoiler alert - there is more than one number to call. Join staff from the Missouri Department of Elementary and Secondary Education for a high-level overview of the 10 WSCC components and learn how to navigate to a variety of corresponding free state agency resources for school personnel. The Whole School, Whole Community, Whole Child (WSCC) model was designed with the child at the center and places the student at its core. The intention is for each student to be healthy, safe, supported, challenged, and engaged. Connecting student health with academic success through integrated systems is an ongoing process that requires cross-functional team effort. This session highlights the intentional, collaborative, interagency work at the state with tangible takeaway resources to support healthy schools.

Crystal Burgan, AWARE, Missouri Department of Elementary and Secondary Education (DESE)

9:45-10:00 AM **Break**

10:00-11:00 am ## CONCURRENT BREAKOUT SESSIONS

When a Student Experiences Psychosis

Psychosis has been called the most common problem that nobody talks about. As many as 1 in 10 people will have one or more psychotic experiences in their lifetime (Monshouwer et al., 2023) with some going on to develop serious mental illness. Yet, many schools are unprepared for supporting a youth experiencing early serious mental illness. In this talk, we will explore what psychosis is and how schools can encourage youth affected by it. Jennifer will speak from her own lived experience as someone who has experienced psychosis as well as her clinical experiences as a clinician.

Jennifer Gerlach, MSW, Early Psychosis-Missouri

Implementing a School-Based Strategy to Improve Oral Health

This presentation will demonstrate the use of evidenced-based preventive dental services, including the Preventive Services Program (PSP), that can be used to help prevent dental caries. Topics covered will include oral health reviews, fluoride varnish application, community water fluoridation, and basic oral health education. Additionally, the presentation will cover the basic guidelines for how to begin and implement a PSP event and Missouri oral health data.

Kelsey Siegel, Registered Dental Hygienist, Office of Dental Health, Missouri Department of Health and Senior Services (MODHSS); Dione Snitker, Public Health Program Associate, Office of Dental Health, Missouri Department of Health and Senior Services (MODHSS)

Recharge to Thrive: Sleep, Learning and Resilience

This session explores how sleep impacts our behavior, learning, and emotional regulation—and why supporting healthy sleep habits builds stronger, more resilient learners and educators. Practical tips for improving sleep will also be shared.

Dr. Matt Symonds, Executive Director, Missouri Society of Health & Physical Educators (MOSHAPE)

Missouri's New Local Wellness Policy Guidance and Best Practices in Implementation

This presentation will provide information on Missouri's Local Wellness Policy Guidance and best practices for implementation. Participants will learn how they can be an integral part of the process in creating change to improve policies, practices and programs to enhance wellness and non-academic barriers to learning within their schools. Resources will be provided to strengthen existing structures and accountability measures in support of health-related priorities identified within the school community.

Aline Bishazi, Nutrition Analyst, Missouri Department of Elementary and Secondary Education (DESE); Laura Beckmann, Missouri Department of Elementary and Secondary Education (DESE)

11:15-12:15 PM **Lunch**

12:15-12:30 PM **Break**

12:30-1:30 pm ## CONCURRENT BREAKOUT SESSIONS

Oops, They Ate What?! Classroom Poisons, Curious Kids, and the Poison Center's Lifesaving Help Line

Did you know that the most dangerous thing in your classroom might look like a snack or a toy? Curious kids are quick, and accidents happen in the blink of an eye. This eye-opening session will uncover the surprising poisons children can get into—from colorful cleaners to everyday classroom supplies. You'll learn how to spot the signs of poisoning and what to do in those critical first moments, with real-life stories and interactive scenarios. Most importantly, you'll discover how the poison center is your go-to partner—ready to guide you step-by-step through any poisoning emergency. Let's work together to make our schools safer, smarter, and ready for anything!

Amanda Ruback, MSN, RN, CSPI, Missouri Poison Center

Strengthening Communities: The Benefits of Collaboration Between Federally Qualified Health Centers and School Districts

This presentation explores the powerful impact of partnerships between Federally Qualified Health Centers (FQHCs) and school districts. By working together, these institutions can improve access to primary care, behavioral health services, and preventive health education for students and families—particularly in underserved communities. Attendees will learn about the key benefits of collaboration, including improved student health outcomes, reduced absenteeism, and stronger support networks that enhance both educational and health equity.

Jennifer Maddox, MHA, BSN, RN, NCSN, Director of Health Services, Columbia Public Schools; Jake Rettke, Program Director, Clarity Healthcare; Megan Kruse, MSN, CPNP-PC/AC, Pediatric Nurse Practitioner

Adult Responsibility for Child Safety: Preventing Child Sexual Abuse in Missouri

1 in 10 children will experience sexual abuse before their 18th birthday. This means that whether you work with youth, are a parent, or are simply a member of a community, it is highly likely that someone you know or care for has experienced or is currently experiencing child sexual abuse. Child sexual abuse is not a distant possibility; it is an unfortunate reality that will persist unless we take action to prevent it. The good news is it can be stopped. This session will provide an overview of how to overcome the stigma and shame associated with the topic, tools for engaging in open conversations, and information on the programs offered by Missouri Network Against Child Abuse to empower individuals and organizations to prevent, recognize, and respond to child abuse.

Kiki Saragnese, Director, Prevention and Outreach, Missouri Network Against Child Abuse (MO-NACA); Randi Hemme, Program Specialist, Prevention and Outreach, Missouri Network Against Child Abuse (MO-NACA)

Recipe for Success: Checklist to Support Tobacco-Free Students

The Tobacco Industry's latest inventions, digital vapes and nicotine pouches, are contributing to higher tobacco use rates among youth. To support students to live tobacco and vape-free lives, they need tobacco and vape-free environments, treatment if they are already addicted, and supportive discipline. The Tobacco and Vape-free School Checklist can help schools and community partners identify policy strengths and gaps. This interactive session will cover how to use the tool to collaboratively leverage strengths and fill gaps to successfully support tobacco and vape -free students.

Christy Inskip, Youth Tobacco Use Prevention Specialist, Tobacco Prevention & Control Program, Missouri Department of Health & Senior Services (MODHSS)

1:30-1:45 PM **Break**

1:45-2:45 pm CONCURRENT BREAKOUT SESSIONS

Show Me the TACT

Many concussed students return to the classroom with symptoms that can be supported through academic suggestions that do not require an IEP or 503. By supporting concussed students in the classroom, they can be in school to learn, enjoy friendships, and manage schoolwork expectations. Get Schooled on Concussions Teacher Acute Concussion Tool (TACT) provides evidence and clinically-based academic suggestions that can immediately be implemented to support any concussed student in return to learn. This FREE, easy-to-use, and practical tool saves teachers and you time. It is free to every school in Missouri. Come learn how to use the TACT. One-on-one technical assistance to implement the TACT within your District or school is available through a Get Schooled on Concussions for Missouri Task Force member.

Maureen Cunningham, Brain Injury Association of Missouri

Supporting Your Schools District's Suicide Prevention and Response Efforts

Have you ever wondered any of the following? What is my role in suicide prevention? What must a district's suicide prevention policy include? How can reentry processes support students? What resources are available to Missouri's school districts to support their suicide prevention, intervention/crisis response, and postvention support efforts? If so, join staff from the Missouri Department of Elementary and Secondary Education and Nixa Public Schools for answers to these questions and more!

Katie Epema, MEd, BSW, Director, School-Based Mental Health, Missouri Department of Elementary and Secondary Education (DESE); Lindsay Ball, RN, MSN, NCSN, Nixa Public Schools

Neosho Vibes: Where Wellness, Fun and Community Unite!

Join a team from Neosho School District as we discuss our Student Mental Wellness Day. We will walk you through the process of putting our ideas into action. Our unique event was a collaboration between student groups, community resources, and wellness staff. Our goal was to celebrate students, engage the community, and take the time to just chill.

Chelsey Davenport, Wellness Liaison, Neosho School District; Samantha Beeson, Counseling & Support Coordinator, Neosho School District

Staff Wellness Zones: Fostering Resilience for School Staff

School districts and health care systems share similar goals to improve the wellness of the school as well as community of the school. The schools and health care teams can collaborate to support their shared goals. Attendees will be introduced to the tools utilized by the St. Louis Public School (SLPS) district and BJC Health's School Outreach team to create a healthier school environment, learn about the positive outcomes of Staff Wellness Zones and how to develop and support this type of collaboration for long-term impact. The SLPS Academics In Movement (AIM) Healthy School Initiative was established in 2012 with the focus on creating comprehensive, equitable programs, project, and processes to create healthier school environments, developing wellness spaces for school staff, connecting teachers to self-care opportunities and building resiliency. The district's collaboration with the BJC SOYD team provides support through consultation with school staff, program planning, and action to improve mental and physical wellness. This includes connecting schools to health system resources, delivering health education programs for students and professional development trainings for staff. Additionally, supporting the process of creating space for staff to practice self-care, resilience and manage stress on site is a sustainable option to assist with burnout, improve retention, and foster a supportive environment. The creation of Staff Wellness Zones supports resilient workplace culture and the diverse personal needs of staff. Promoting a culture of care and valuing wellbeing introduces opportunity to increase workplace satisfaction, reduce absenteeism and improve quality of services delivered to students. **M. Leanne White, Ed.S., Director, Healthy School Initiatives, Saint Louis Public Schools; Denise Strehlow, BJC HealthCare; Erica Oliver, BJC Healthcare**

2:45-3:00 PM **Break**

3:00-4:00 pm **CONCURRENT BREAKOUT SESSIONS**

Local, Inclusive and Fresh. A Coalition-Building Approach to Employee Wellness

Employee wellness programs can thrive when they are designed with inclusivity and engagement in mind. This session highlights a coalition-building approach that empowers school districts to create wellness cultures rooted in building leadership. Session participants will explore practical strategies to (1) include all staff in wellness opportunities, regardless of role or schedule, (2) generate demand for wellness activities and (3) measure impact. Examples from education, manufacturing, transportation and corporate office settings are compared. Be prepared to learn about successes and wellness activity ideas from fellow participants. This session can inform priorities and plans for district wellness committees, human resources professionals, and others who are concerned about worksite health promotion.

JoAnn Greenwell, Director, Community and Staff Engagement, Pattonville School District; Eric Armbrecht, Professor, Saint Louis University School of Medicine

It Takes a Village: Strengthening Students and Families Through Community Collaboration

In this session participants will describe the four levels of the Missouri Model of Trauma-Informed Care, including at least two distinguishing qualities of each level, and explain how each level applies within a school setting. They will identify at least three barriers to engagement for each of the following stakeholder groups: children, parents/ caregivers, community members, and school staff, in the context of building a trauma-informed education system. Participants will describe three actionable steps for fostering resilience or promoting positive childhood experiences in schools for each stakeholder group: parents/caregivers, community members, and school staff. Participants will then begin to consider how to create a culture of resilience within their organizations/schools and draft an initial plan.

Heidi Strickler, PhD, LCSW-S, CEDS-S, CART, CTLS, United Healthcare; Joanne Fish, PhD, Jefferson College

Ready to Respond: Implementing Mental Health First Aid in Missouri Schools

Educators often notice when students are struggling but may overlook their own stress while supporting others. Mental Health First Aid (MHFA) prepares school staff to recognize and respond with confidence when a youth may be experiencing a mental health challenge–while prioritizing their own need for self-care. More than 5,500 Missouri educators have completed MHFA through Mental Health First Aid Missouri. This session shares how schools have applied key MHFA principles, highlights participant feedback, and offers strategies for strengthening self-care practices.

Amy Bartels, M.Ed., Project Manager, Mental Health First Aid; Tina Edholm, EdS, Mental Health Training and Outreach Specialist, Mental Health First Aid

Using ECHO to Build Resilient School Communities

This session will highlight how Show-Me ECHO supports schools across Missouri in addressing complex student needs that often create barriers to learning. Autism Behavior Solutions in Schools ECHO provides strategies for school nurses, teachers, counselors, and school staff to manage challenging behaviors, while the Asthma ECHO equips school nurses and other health care professionals with tools to improve asthma management and reduce absenteeism. Together, these programs demonstrate how ECHO builds resilience in both students and school systems by connecting school staff with specialists and peers for collaborative problem-solving.

Lisa R. Wilson, MSN, RN, AGNP-BC, Missouri Telehealth Network/Show-Me ECHO; Deb Cook, RN, AE-C, Retired School Nurse, Kennett Public Schools; Jennifer Maddox, MHA, BSN, RN, NCSN, Director, Health Services, Columbia Public Schools

4:15-5:15 pm

GENERAL SESSION

Reviewing Missouri Youth Health Data

CDC's Youth Risk Behavior Surveillance System (YRBSS) monitors priority health behaviors and experiences among students nationwide and helps to understand and address the challenges faced by today's youth. During this session we will highlight data from the most recent Missouri Youth Risk Behavior Survey (YRBS) and look at data trends across our state. We will also showcase our new health data website and demonstrate how to build a youth health report using YRBS data.

Maddison Geller, MPH, Chronic Disease Epidemiologist, Missouri Department to Health and Senior Services (MODHSS)

Friday, February 27, 2026

7:30 AM — **Registration Opens**

7:30-9:00 PM — **Networking Breakfast**

9:00-10:00 am

GENERAL SESSION

Leadership Unlocked: Navigating the Five Practices for Success

The Leadership Challenge® is an evidence-based operating system for all leaders who wish to enhance their leadership skills. Based upon the four decades of research of James Kouzes and Barry Posner, The Five Practices employed by every leader considered as exemplary by their direct reports, managers and communities are the basis of the operating system. Every leader can improve by increasing the frequency with which they engage in the behaviors displayed by exemplary leaders. This presentation provides you an overview of The Five Practices and aligned behaviors, as well as publicly available resources for your leadership development.

Paula F. Nickelson, Founder/CEO, Impact Leader

10:00-10:15 AM — **Break**

10:15 AM — **Exhibitor Tear Down**

10:15-11:15 am

CONCURRENT BREAKOUT SESSIONS

New K-8 Health Standards: Join the Village

It takes a village to implement new curriculum standards. Come build the village and learn about the new skills-based approach to health education in Missouri, and how your expertise is needed to successfully implement it in your districts and communities. Leave with a fresh sense of purpose in getting relevant and timely health information to young people.

Dr. Kim Goforth, Coordinator, Health and Physical Education, Columbia Public Schools; Dr. Sally Schulte, Coordinator, Physical Education, Health and Drivers Ed, Rockwood School District

Sowing and Growing Hope: Using Hope as a Tool for Well-Being

This session will help individuals learn how to energize, collaborate, and enhance well-being using Hope. There have been nearly 2,000 published studies related to hope throughout the past decade. Using research-based information this session gives background on Hope Theory and how hope can be used as a tool for well-being. Highlights of the session include: 1. Energize and Empower: By learning how to energize and empower themselves using Hope Theory, coaches can foster more proactive and growth mindsets; 2. Collaboration: Hope Theory emphasizes collaboration, and these principles can be used to create stronger connections and support networks; and 3. Skill Application: This session teaches skill application related to Hope Theory. By integrating Hope Theory as a tool for well-being, individuals can become more effective and empower both personally and professionally.

Amber Allen, Field Specialist, University of Missouri-Extension

A Practical Guide to Developing Your School Health Manual: From Policy to Practice

A comprehensive school health manual is an essential tool for providing consistent, legally compliant, and high-quality health services in an educational setting. This workshop is designed to equip school nurses and administrators with the practical steps and resources needed to create or update their district's health services manual. We will cover the entire process, from gathering essential resources and obtaining stakeholder input to drafting policies that align with local, state, and national guidelines, including the MASN, and NASN School Nursing Practice Framework and the CDC's Whole School, Whole Community, Whole Child (WSCC) model. Participants will receive a template and checklist to kick-start their manual development process.

Sheryl Simmons, RN, BSN, RRT-School Health Consultant; Amber Boleyjack, RN, BSN, Director of Nursing, St. Louis Public Schools (SLPS)

How Wellness Champions Drive Success in Wellness Programs

Presentation highlights the crucial role wellness champions play in the success of wellness programs within schools. It emphasizes how these champions—educators, staff, and community members—can lead efforts to improve student and staff well-being. Fostering a supportive culture, implementing effective strategies, and engaging all stakeholders, wellness champions create sustainable, impactful wellness initiatives that promote healthier, happier environments for learning and growth. The session also provides actionable insights and inspiration for becoming a wellness champion.

JoAnn Greenwell, Director, Community and Staff Engagement, Pattonville School District

11:15-11:30 AM **Break**

11:30-12:30 pm **CONCURRENT BREAKOUT SESSIONS**

Where Taste Meets Technique: A Culinary Arts and Applied Sciences Collaboration

This interactive session bridges culinary creativity with applied science through hands-on exploration of seasoning blends and flavor perception. Participants will examine how flavor intensity can be manipulated, practice techniques for identifying components within complex blends, and consider how ratios influence the quality of a finished product. By the end of the session, attendees will gain practical insights into the science of taste and leave with strategies they can apply to both educational and culinary settings.

Amy Schwendemann, Science Teacher, Pattonville High School; Madison Avery, Family Consumer Science Teacher, Pattonville High School

From Bounce-Back to Breaking Through: The Power of Team Resilience in Schools

Resilience is more than just bouncing back from challenges, it is about advancing despite adversity, transforming setbacks into opportunities for growth and thriving despite difficulties. This concurrent session provides an overview of team resilience and how to enhance your own team's readiness to 'break through' following challenges. Participants will receive resources and insights about developing an action plan and setting key performance indicators to increase their team's resilience and effectiveness.

Paula F. Nickelson, Founder/CEO, Impact Leader

Exploring What Matters: Values as a Source of Resilience

Resilience grows when we're grounded in what matters most. In this interactive session, participants will learn a values-sorting activity to clarify core priorities and see how values influence responses to challenges. Attendees will leave with a practical tool and bonus strategies to strengthen resilience in both personal and professional settings.

Dr. Matt Symonds, Executive Director, Missouri Society of Health and Physical Educators (MOSHAPE)

Advancing Whole-Child Health Through America's Healthiest Schools

Discover how schools across Missouri and the nation are being recognized as America's Healthiest Schools by creating environments where students and staff thrive. This session will showcase the framework's key components and provide practical strategies tailored for nurses, counselors, teachers, nutrition leaders, PE/health educators, and wellness directors. Participants will leave with actionable ideas to apply in their own roles and a clear path for collaborating across disciplines to advance whole child health and position their schools for national recognition. Join us to gather fresh ideas, actionable next steps, and inspiration to create healthier learning environments where every child and adult has the opportunity to thrive.

Terry Atteberry, Associate Director-Business Development, Alliance for a Healthier Generation

12:30 PM **Conference Adjourns**

Hotel Information

The 33rd Annual Conference of Missouri Coordinated School Health Coalition will be held at **The Lodge of Four Seasons, 315 Four Seasons Drive, Lake Ozark, MO 65049**. A special hotel rate of **$119.00** for a single/double room occupancy in the main lodge is available until **Tuesday, February 3, 2026**. For reservations, call **888-265-5500** or go to **www.4seasonsresort.com**, and mention "Missouri Coordinated School Health Coalition" to receive the conference rate.

BOOK ONLINE at: https://reservations.travelclick.com/17336?groupID=4957071.

All exhibitors, sponsors and attendees are responsible for making their own hotel reservations.

REGISTRATION

Please Print

NAME (include credentials) _____

ORGANIZATION _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____ EMAIL _____

PRE-CONFERENCE SESSIONS

(Pre-Conference sessions include a box lunch and are FREE with a PAID Conference Registration)

☐ **CARING FOR ASTHMA IN SCHOOLS** (9:00 am-12 noon)	FREE
☐ **COLLABORATIVE SOLUTIONS FOR SBMH** (9:00 am-12 noon)	FREE
☐ **LET'S MAKE SURE THEY CAN SEE** (1:00 pm-4:00 pm)	FREE
☐ **HIGH QUALITY FACILITATION** (1:00 pm-4:00 pm)	FREE

CONFERENCE REGISTRATION

☐ **FULL CONFERENCE** (Includes Reception, Breakfast, Lunch, Breaks and Conference Materials for Both Thursday and Friday Conference Days)	**$150**

TOTAL $ _____

PAYMENT OPTIONS

(No Purchase Orders Accepted)

☐ **CHECK** ☐ **INVOICE MY AGENCY**

CREDIT CARD PAYMENT OPTION is available with online registrations ONLY (service fees applied) ONLINE REGISTRATION is available at www.healthykidsmo.org

REGISTRATION INFORMATION

SEND REGISTRATION & PAYMENT TO:
Missouri Coordinated School Health Coalition (MCSHC)
722 E. Capitol Avenue, Jefferson City, MO 65101

Participation Roster Statement: All attendees will be included in a printed Attendee Roster distributed during the conference.

A $25.00 processing fee will be deducted from all cancellations.
REGISRATION DEADLINE IS WEDNESDAY, FEBRUARY 11, 2026,
NO REFUNDS WILL BE GIVEN AFTER THIS DATE

QUESTIONS

For all questions related to the meeting or general inquiries, contact Julie Lueckenhoff, julie@healthykidsmo.org, Phone: 573-634-2914.
REGISRATION DEADLINE IS WEDNESDAY, FEBRUARY 11, 2026.
NO REFUNDS WILL BE GIVEN AFTER THIS DATE.

BREAKOUT SESSIONS

(One Selection Per Time Slot)

THURSDAY | 10:00-11:00 am

- ☐ Student Psychosis
- ☐ Oral Health
- ☐ Recharge to Thrive
- ☐ Local Wellness Policy

THURSDAY | 12:30-1:30 pm

- ☐ Oops, They Ate What?
- ☐ Strengthening Communities
- ☐ Adult Responsibility
- ☐ Recipe for Success

THURSDAY | 1:45-2:45 pm

- ☐ Show Me the TACT
- ☐ Support District Suicide Prevention
- ☐ Neosho Vibes
- ☐ Staff Wellness Zones

THURSDAY | 3:00-4:00 pm

- ☐ Local, Inclusive and Fresh
- ☐ It Takes a Village
- ☐ Ready to Respond
- ☐ Using ECHO to Build

FRIDAY | 10:15-11:15 am

- ☐ New K-8 Health Standards
- ☐ Sowing and Growing Hope
- ☐ School Health Manual
- ☐ Wellness Champions

FRIDAY | 11:30-12:30 pm

- ☐ Taste Meets Technique
- ☐ Team Resilience in Schools
- ☐ Exploring What Matters
- ☐ America's Healthiest Schools